

# **PSHE Policy** Falconhurst School

## Reported and Approved by Governors: June 2022 Review date: June 2024

This policy will clearly define how the procedures and opportunities in school will enable all children to achieve our vision.

Together we encourage children to take ownership of and responsibility for their learning, so they have the confidence and curiosity for life-long learning.

Together we strive for success in academic, creative, sporting and personal accomplishment.

Together we care for each other through the kind and positive choices we make.

Together we are proud of the inspiring and supportive environment we create for children, families and staff.



## Aims and Objectives:

We believe that the education in PSHE and Citizenship enables children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so, we help to develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through a range of class based opportunities and we teach children about their rights and about their responsibilities through daily interactions in class, on the playground and in assemblies. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society. Indeed, the teaching of PSHE and Citizenship helps in many ways to meet the objectives set out in the Children's Act 2004 (Every Child Matters) – 'that to be healthy, stay safe, enjoy and achieve, make a positive contribution, and achieve economic well-being'.

Our objectives in the teaching of PSHE and Citizenship are for all our children:

- To know and understand what is meant by a healthy lifestyle;
- To be aware of safety issues;
- To understand what makes a good relationship with others;
- To have respect for others;
- To be thoughtful and responsible members of their community and their school;
- To become active members of a democratic society;
- To develop self -confidence and self-esteem;
- To make informed choices regarding personal and social issues;
- To develop good relationships with other members of the community.

## Teaching and Learning Style:

We use a range of teaching and learning styles to meet PSHE and Citizenship Curriculum. We emphasise active learning by including the children in discussions, investigations and problem solving activities. We encourage the children to take part in a range of tasks that promote active citizenship, eg. Charity fundraising, the planning of special school events (such as assemblies and performances) or involvement in helping other individuals or groups less fortunate than themselves. We actively promote a culture of child ambassadors throughout school in order to engage and inspire the whole school community. We enable children to understand the importance of choice in order to resolve conflicts and stay safe. Children at Falconhurst School are educated how to adopt a Restorative Practice (RP) approach in times of dispute and they are also taught about the importance of personal safety through a Protective Behaviours model. Ultimately 'no problem is too small or terrible that we can't tell someone' and 'we all have the right to feel safe all of the time.'

We organise classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts using the RP principles. We offer children the opportunity to hear visiting speakers, such as health workers, police and representatives from the local community, whom we invite into the School to talk about their role in creating a positive and supportive local community.

Alongside educating our children about the importance of restorative practices when dealing with conflict; we also ensure that in our PSHE lessons all children are aware and understand that there are Online Safety and Anti-Bullying policies in school which are designed to safeguard them.

## PSHE and Citizenship Curriculum Planning:

We teach PSHE and Citizenship in a variety of ways. PSHE is taught in a sequential and progressive manner to children of all ages through our Jigsaw approach. This ensures that key learning points are re-visited each year and children embed a clear sense of their rights and responsibilities. Alongside this, we also ensure that PSHE and Citizenship learning objectives are integrated through other subjects. For example, when teaching about local environmental issues in geography, we offer pupils the opportunity to find out who is responsible for the maintenance and upkeep of local parks and cycle paths. Also, as there is a large overlap between the programme of study from religious education, the school's Equality Policy action plan, our restorative practice principles and the aims of PSHE and Citizenship through our religious education lessons, whole school assembly and class circles.

The School is committed to providing a setting where the responsible choice becomes the easy choice. The personal and social development of young people is the responsibility of all. The school also provides a 'healthy school's climate and culture; and strong pastoral team of the Wellness Hub who have systems in place to offer extra support to any child who needs it.

#### The Foundation Stage:

We teach PSHE and Citizenship in our Foundation Stage through our Jigsaw programme of study. As FS1 and FS2 follow the Early Years curriculum, we relate PSHE and Citizenship of the children's work to the objectives set in the EYFS Framework. Our teaching in PSHE and Citizenship matches the aim of developing a child's personal, emotional and social development as set out in the Framework. We also support citizenship education in the Foundation Stage, when we teach 'how to develop a child's understanding of the world'.

## PSHE and Citizenship and ICT:

ICT makes a contribution to the teaching of PSHE and Citizenship in that children in ICT classes learn how to work together in a collaborative manner. They also develop a sense of global citizenship by using the Internet and e-mail safely and appropriately. Through discussions on safety and other issues related to electronic communication, the children develop their own view about the use and misuse of ICT, and they also gain an insight into the interdependence of ICT users around the world.

## PSHE and Citizenship and Equal Opportunities:

We teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide opportunities matched to individual needs of the children with learning difficulties. When teaching PSHE and Citizenship, teachers take into account the targets set for the children in their Individual Learning Plans (ILPs) or SEN Support Plans (SSPs), some of which targets may be directly related to PSHE and citizenship targets. For More Able pupils, teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

In addition, our oldest children within school engage with the Falconhurst Diploma which is loosely based upon the expectations of the Duke of Edinburgh scheme. Through this programme, the children can develop their citizenship skills further through volunteering, being actively involved in the life of the school and community and trying new skills.

## Assessment For Learning:

Our teachers assess the children's work in PSHE and Citizenship both by making informal judgements, as they observe them during lessons, and through formal assessments of the work done, gauging it against the specific learning objectives set out in the Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. We do not set formal tests or examinations in PSHE and Citizenship. The assessments that we make of pupil achievement are positive and we report on these to parents in annual School reports and at Parent Evenings.

## Monitoring and Review:

The planning and co-ordination of the teaching in PSHE and Citizenship are the responsibility of the subject leader who also:

- Supports colleagues in their teaching, by keeping informed about current developments in the subject, and by providing a strategic lead and direction for PSHE:
- Evaluates the strengths and weaknesses in the subject, and indicates areas for further improvement.
- Uses specially allocated management time to review evidence of the children's work and to monitor PSHE and Citizenship practices across the school.